

# NI CHAMPIONSHIPS START LIST

## SATURDAY



### Weigh-in 08:00am-09:00am • ROSIE MCCANN, CAT TREANOR

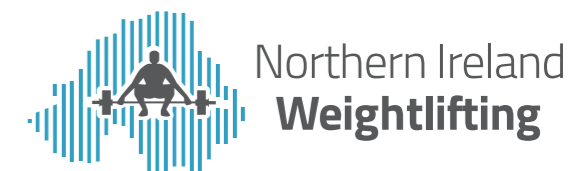
| GROUP START TIMES   | LAST NAME  | FIRST NAME | CATEGORY | CLUB            | REFEREES          | LOADERS          |
|---|------------|------------|----------|-----------------|-------------------|------------------|
| <b>SATURDAY</b><br><b>Group 1</b><br><b>FEMALE</b><br><b>SENIORS</b><br><b>START: 10:00am</b><br><br><b>ANNOUNCER</b><br><b>KAREN MCAVOY</b><br><br><b>MARSHALL</b><br><b>CAT TREANOR</b> | Bloodworth | Olivia     | 55       | White Wolf WLC  | 1 Johnny Lyons    | 1 Chris McBride  |
|   | Coyle      | Paula      | 55       | Unaffiliated    | 2 Ronnie Whiteway | 2 Caomhan Daykin |
|   | Fleming    | Chloe      | 59       | GoLift WLC      | 3 Davy McVeigh    |                  |
|   | Lavery     | Natalie    | 59       | Unaffiliated    |                   |                  |
|   | McCabe     | Megan      | 59       | Bangor Barbell  |                   |                  |
|   | Thom       | Alex       | 59       | Scrabo Strength |                   |                  |
|   | Black      | Ashleigh   | 81       | GoLift WLC      |                   |                  |

### Weigh-in 9:30am-10:30am • NEIL DOUGAN, BRENDAN COOKE

| GROUP START TIMES  | LAST NAME  | FIRST NAME | CATEGORY | CLUB            | REFEREES          | LOADERS         |
|--|------------|------------|----------|-----------------|-------------------|-----------------|
| <b>SATURDAY</b><br><b>Group 2</b><br><b>MALE</b><br><b>SENIORS</b><br><b>START: 11:30am</b><br><br><b>ANNOUNCER</b><br><b>KAREN MCAVOY</b><br><br><b>MARSHALL</b><br><b>JOHNNY LYONS</b> | McGrogan   | Harrison   | 61       | Asylum WLC      | 1 Rosie McCann    | 1 Brendan Cooke |
|  | Mullan     | Eoin       | 67       | Scrabo Strength | 2 Ronnie Whiteway | 2 Josh Firth    |
|  | Shilliday  | Stuart     | 73       | GoLift WLC      | 3 Cat Treanor     |                 |
|  | Crofts     | Matthew    | 81       | Gain Forth WLC  |                   |                 |
|  | Knox       | James      | 81       | Scrabo Strength |                   |                 |
|  | McGovern   | Niall      | 81       | GoLift WLC      |                   |                 |
|  | McGuinness | Liam       | 81       | Scrabo Strength |                   |                 |
|  | Daykin     | Caomhan    | 102      | White Wolf WLC  |                   |                 |
|  | McKee      | Matthew    | 102      | GoLift WLC      |                   |                 |
|  | Ryan       | David      | 102      | White Wolf WLC  |                   |                 |
|  | Martin     | Shane      | 109      | GoLift WLC      |                   |                 |
|  | Boyle      | Brendan    | 109+     | Unaffiliated    |                   |                 |

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## SATURDAY



Northern Ireland  
Weightlifting

### Weigh-in 11:30am-12:30pm • CIARA COOPER, KAITLIN SAUNDERS

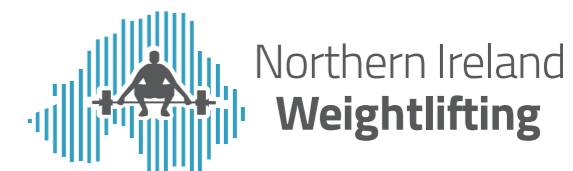
| GROUP START TIMES   | LAST NAME | FIRST NAME | CATEGORY | CLUB            | REFEREES         | LOADERS        |
|---|-----------|------------|----------|-----------------|------------------|----------------|
| <b>SATURDAY<br/>Group 3<br/>FEMALE<br/>SENIORS</b><br><b>START: 1:30pm</b><br><br><b>ANNOUNCER<br/>JOHNNY LYONS</b><br><br><b>MARSHALL<br/>KAREN MCAVOY</b> | Crymble   | Hannah     | 64       | Unaffiliated    | 1 Una Hampsey    | 1 David Ryan   |
|   | Fleming   | Sheldy     | 64       | GoLift WLC      | 2 Davy McVeigh   | 2 Shane Martin |
|   | Monaghan  | Rachel     | 64       | Scrabo Strength | 3 Caomhan Daykin |                |
|   | Stevenson | Megan      | 64       | Scrabo Strength |                  |                |
|   | Teague    | Megan      | 64       | Scrabo Strength |                  |                |
|   | King      | Rebecca    | 76       | Unaffiliated    |                  |                |
|   | Saunders  | Kaitlin    | 76       | GoLift WLC      |                  |                |
|   | Thompson  | Rebekah    | 76       | Unaffiliated    |                  |                |

### Weigh-in 1:15pm-2:15pm • BRENDAN COOKE, DAVID KNOWLES

| GROUP START TIMES  | LAST NAME | FIRST NAME | CATEGORY | CLUB           | REFEREES        | LOADERS          |
|--|-----------|------------|----------|----------------|-----------------|------------------|
| <b>SATURDAY<br/>Group 4<br/>MALE<br/>SENIORS</b><br><b>START: 3:15pm</b><br><br><b>ANNOUNCER<br/>KAREN MCAVOY</b><br><br><b>MARSHALL<br/>CAT TREANOR</b> | Beasant   | Stephen    | 89       | Unaffiliated   | 1 Ciara Cooper  | 1 Matthew McKee  |
|  | Crawford  | Jon        | 89       | Unaffiliated   | 2 Johnny Lyons  | 2 Niall McGovern |
|  | Knowles   | David      | 89       | White Wolf WLC | 3 David McVeigh |                  |
|  | Love      | Ryan       | 89       | GoLift WLC     |                 |                  |
|  | McBride   | Chris      | 89       | Gain Forth WLC |                 |                  |
|  | Mitchell  | Alex       | 89       | White Wolf WLC |                 |                  |
|  | Firth     | Joshua     | 96       | GoLift WLC     |                 |                  |
|  | Knox      | Lewis      | 96       | Asylum WLC     |                 |                  |
|  | O'Neill   | Ryan       | 96       | Unaffiliated   |                 |                  |

# NI CHAMPIONSHIPS START LIST

## SATURDAY



**Weigh-in 3:00pm-4:00pm** • UNA HAMPSEY, RACHEL MONAGHAN

| GROUP START TIMES   | LAST NAME | FIRST NAME | CATEGORY | CLUB            | REFEREES        | LOADERS        |
|---|-----------|------------|----------|-----------------|-----------------|----------------|
| <b>SATURDAY</b><br><b>Group 5</b><br><b>FEMALE</b><br><b>SENIORS</b><br><b>START: 5:00pm</b><br><br><b>ANNOUNCER</b><br><b>KAREN MCAVOY</b><br><br><b>MARSHALL</b><br><b>CIARA COOPER</b> | Baxter    | Georgia    | 71       | Bangor Barbell  | 1 Una Hampsey   | 1 Ryan O'Neill |
|   | Canning   | Molly      | 71       | Scrabo Strength | 2 Peter Stewart | 2 Ryan Love    |
|   | Doyle     | Caroline   | 71       | Unaffiliated    | 3 David Knowles |                |
|   | McGonigle | Lucy       | 71       | Unaffiliated    |                 |                |
|   | Millar    | Erin       | 71       | Unaffiliated    |                 |                |
|   | Moore     | Abbie      | 71       | GoLift WLC      |                 |                |
|   | Morgan    | Molly      | 71       | Scrabo Strength |                 |                |
|   | Ryder     | Claire     | 71       | Scrabo Strength |                 |                |

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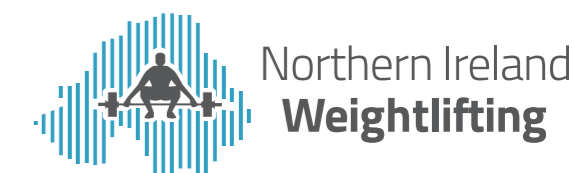
## SUNDAY



**Weigh-in 7:00am-8:00am • MALE WEIGH-IN:** JOHNNY LYONS, PETER STEWART • **FEMALE WEIGH-IN:** KAREN MCAVOY, CLAIRE MCLARNON

| GROUP START TIMES   | LAST NAME | FIRST NAME | CATEGORY | CLUB         | REFEREES        | LOADERS            |
|---|-----------|------------|----------|--------------|-----------------|--------------------|
| <b>SUNDAY</b><br><b>Group 1</b><br><b>Development</b><br><b>u12</b><br><b>START: 9:00am</b><br><br><b>ANNOUNCER</b><br><b>KAREN MCAVOY</b><br><br><b>MARSHALL</b><br><b>DAVID KNOWLES</b> | Armstrong | Lachlan    | 55 u12   | Asylum WLC   | 1 Chris McBride | 1 Kaitlyn Saunders |
|   | Bell      | Reece      | 55 u10   | Asylum WLC   | 2 Davy McVeigh  | 2 Paul McCorry     |
|   | Cully     | Zach       | 55 u12   | GoLift WLC   | 3 Johnny Lyons  |                    |
|   | McCloy    | Alfie      | 55 u10   | Asylum WLC   |                 |                    |
|   | O'Hara    | Jacob      | 55 u10   | Asylum WLC   |                 |                    |
|   | Ward      | Liam       | 55 u10   | GoLift WLC   |                 |                    |
|   | Cowan     | Harry      | 61 u12   | Asylum WLC   |                 |                    |
|   | Milne     | Harper     | 45 u10   | Asylum WLC   |                 |                    |
|   | Stewart   | Chloe      | 45 u10   | GoLift WLC   |                 |                    |
|   | Hampsey   | Aoife      | 55 u12   | Unaffiliated |                 |                    |

# NI CHAMPIONSHIPS START LIST



## SUNDAY

**Weigh-in 8:40am-9:40am** • JAMES KNOX, BRENDAN COOKE

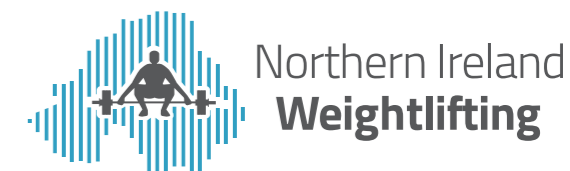
| GROUP START TIMES  | LAST NAME  | FIRST NAME | CATEGORY | CLUB         | REFEREES          | LOADERS         |
|--|------------|------------|----------|--------------|-------------------|-----------------|
| <b>SUNDAY<br/>Group 2<br/>MALE<br/>YOUTH</b><br><b>START: 10:40am</b><br><br><b>ANNOUNCER<br/>JOHNNY LYONS</b><br><br><b>MARSHALL<br/>ROSIE MCCANN</b> | Courtney   | Cullen     | 55 u15   | Asylum WLC   | 1 Chris McBride   | 1 David Knowles |
|  | Lagan      | Caden      | 55 u15   | Asylum WLC   | 2 Peter Stewart   | 2 Davy McVeigh  |
|  | Mcllveen   | Will       | 61 u17   | Unaffiliated | 3 Rachel Monaghan |                 |
|  | Neely      | Brody      | 61 u15   | Asylum WLC   |                   |                 |
|  | Ferguson   | Ronan      | 67 u17   | GoLift WLC   |                   |                 |
|  | Lagan      | Zach       | 67 u15   | Asylum WLC   |                   |                 |
|  | Montgomery | Riley      | 109+ u17 | GoLift WLC   |                   |                 |

**Weigh-in 9:40am-10:40am** • UNA HAMPSEY, CIARA COOPER

| GROUP START TIMES   | LAST NAME | FIRST NAME | CATEGORY | CLUB            | REFEREES         | LOADERS           |
|---|-----------|------------|----------|-----------------|------------------|-------------------|
| <b>SUNDAY<br/>Group 3<br/>FEMALE<br/>YOUTH</b><br><b>START: 11:40am</b><br><br><b>ANNOUNCER<br/>CAT TREANOR</b><br><br><b>MARSHALL<br/>ROSIE MCCANN</b> | Barnes    | Ellie      | 45 u15   | Asylum WLC      | 1 Brendan Cooke  | 1 Ciara Cooper    |
|   | Newell    | Darcey     | 49 u15   | Asylum WLC      | 2 Johnny Lyons   | 2 Rachel Monaghan |
|   | Pedlow    | Lily       | 55 u15   | Asylum WLC      | 3 Caomhan Daykin |                   |
|   | Ward      | Katie      | 59 u15   | GoLift WLC      |                  |                   |
|   | Jordan    | Leah       | 64 u15   | Scrabo Strength |                  |                   |
|   | McLarnon  | Tara       | 71 u17   | Scrabo Strength |                  |                   |
|   | McLarnon  | Anna       | 71 u15   | Asylum WLC      |                  |                   |
|   | Monaghan  | Rachel     | 76 u15   | Asylum WLC      |                  |                   |
|   | Clark     | Rachel     | 81 u17   | Asylum WLC      |                  |                   |

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| Weigh-in 11:00am-12:00pm • UNA HAMPSEY, KAREN MCAVOY  |           |            |                |                 |                    |                    |
|---|-----------|------------|----------------|-----------------|--------------------|--------------------|
| GROUP START TIMES   | LAST NAME | FIRST NAME | CATEGORY       | CLUB            | REFEREES           | LOADERS            |
| <b>SUNDAY<br/>Group 4<br/>FEMALE<br/>MASTERS</b><br><b>START: 1:00pm</b><br><br><b>ANNOUNCER<br/>JOHNNY LYONS</b><br><br><b>MARSHALL<br/>CIARA COOPER</b> | Newman    | Julie      | 55             | Scrabo Strength | 1 Rachel Monaghan  | 1 Kaitlin Saunders |
|   | McCann    | Christine  | 59             | Unaffiliated    | 2 Neil Dougan      | 2 Chris McBride    |
|   | McAvoy    | Karen      | 59             | White Wolf WLC  | 3 Caomhan Daykin   |                    |
|   | McKay     | Michaela   | 64             | Scrabo Strength |                    |                    |
|   | McLarnon  | Maureen    | 64             | Scrabo Strength |                    |                    |
|   | Summers   | Louise     | 64             | White Wolf WLC  |                    |                    |
|   | Hampsey   | Una        | 76             | Unaffiliated    |                    |                    |
|   | Harrison  | Michelle   | 76             | White Wolf WLC  |                    |                    |
|   | Saunders  | Carol-Anne | 76             | White Wolf WLC  |                    |                    |
|   | Goudy     | Lynne      | 81             | Scrabo Strength |                    |                    |
| Treanor   | Cat       | 87+        | Asylum WLC     |                 |                    |                    |
| Weigh-in 1:00-2:00pm • PETER STEWART, BRENDAN COOKE   |           |            |                |                 |                    |                    |
| GROUP START TIMES   | LAST NAME | FIRST NAME | CATEGORY       | CLUB            | REFEREES           | LOADERS            |
| <b>SUNDAY<br/>Group 5<br/>MALE<br/>MASTERS</b><br><b>START: 3:00pm</b><br><br><b>ANNOUNCER<br/>KAREN MCAVOY</b><br><br><b>MARSHALL<br/>ROSIE MCCANN</b>   | Hall      | Stirling   | 73             | Unaffiliated    | 1 Ciara Cooper     | 1 Chris McBride    |
|   | Clear     | Colin      | 81             | Unaffiliated    | 2 Neil Dougan      | 2 Caomhan Daykin   |
|   | Cooke     | Brendan    | 81             | Unaffiliated    | 3 Kaitlin Saunders |                    |
|   | Farrell   | Daniel     | 81             | GoLift WLC      |                    |                    |
|   | Graham    | Timmy      | 81             | Unaffiliated    |                    |                    |
|   | Newman    | Andrew     | 81             | Unaffiliated    |                    |                    |
|   | O'Hara    | Joe        | 81             | Scrabo Strength |                    |                    |
|   | Stewart   | Pete       | 81             | GoLift WLC      |                    |                    |
|   | Byrne     | Cormac     | 89             | Unaffiliated    |                    |                    |
|   | Elliott   | Neal       | 89             | White Wolf WLC  |                    |                    |
|   | Gausden   | Andy       | 96             | Unaffiliated    |                    |                    |
|   | Lyons     | Johnny     | 96             | GoLift WLC      |                    |                    |
|   | McVeigh   | David      | 102            | White Wolf WLC  |                    |                    |
| Archer  | Bryan     | 102        | White Wolf WLC |                 |                    |                    |
| McCorry   | Paul      | 109+       | Unaffiliated   |                 |                    |                    |